

# EASY READ GROCERY LIST - PAGE 1

## Produce

- \_\_\_ Potatoes
- \_\_\_ Mushrooms
- \_\_\_ Onions
- \_\_\_ Cucumbers
- \_\_\_ Lettuce
- \_\_\_ Tomatoes
- \_\_\_ Carrots
- \_\_\_ Celery
- \_\_\_ Zucchini
- \_\_\_ Broccoli
- \_\_\_ Cauliflower
- \_\_\_ Spinach
- \_\_\_ Bell Peppers
- \_\_\_ Tofu
- \_\_\_ Strawberries
- \_\_\_ Bananas
- \_\_\_ Apples
- \_\_\_ Oranges
- \_\_\_ Grapes
- \_\_\_ Grapefruit
- \_\_\_ Melon
- \_\_\_ Nectarines
- \_\_\_ Peaches
- \_\_\_ Pears
- \_\_\_ Plums
- \_\_\_ Lemon/Lime
- \_\_\_ Blueberries
- \_\_\_ Raspberries
- \_\_\_ Avacados
- \_\_\_ Kiwi
- \_\_\_ Fresh Herbs
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_

## Deli

- \_\_\_ Deli Meats
- \_\_\_ Deli Cheese
- \_\_\_ Deli Salads
- \_\_\_ Rotisserie Chicken
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_

## Breads

- \_\_\_ White Bread
- \_\_\_ Whole Wheat Bread
- \_\_\_ Hot Dog Buns
- \_\_\_ Hamburger Buns
- \_\_\_ Bagels
- \_\_\_ Biscuits
- \_\_\_ English Muffins
- \_\_\_ Tortillas
- \_\_\_ Pitas
- \_\_\_ Muffins
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_

## Dairy

- \_\_\_ Milk
- \_\_\_ Butter/Margarine
- \_\_\_ Eggs
- \_\_\_ Yogurt
- \_\_\_ Cheese
- \_\_\_ Cream Cheese
- \_\_\_ Cottage Cheese
- \_\_\_ Sour Cream
- \_\_\_ Coffee Creamer
- \_\_\_ Orange Juice
- \_\_\_ Cookie Dough
- \_\_\_ Dinner Roll Dough
- \_\_\_ \_\_\_\_\_

## Condiments

- \_\_\_ Olive Oil
- \_\_\_ Salad Dressing
- \_\_\_ Vinegar
- \_\_\_ Mayonnaise
- \_\_\_ Marinade
- \_\_\_ Steak Sauce
- \_\_\_ BBQ Sauce
- \_\_\_ Ketchup
- \_\_\_ Mustard
- \_\_\_ Pickles/Relish
- \_\_\_ Olives
- \_\_\_ Jelly/Jam
- \_\_\_ Peanut Butter
- \_\_\_ Honey
- \_\_\_ Salt/Pepper
- \_\_\_ Seasoning Packets
- \_\_\_ Spices
- \_\_\_ Soy Sauce
- \_\_\_ \_\_\_\_\_

## Canned Goods

- \_\_\_ Tuna
- \_\_\_ Tomato Sauce
- \_\_\_ Mushrooms
- \_\_\_ Soup/Chili
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_

## Canned Veggies

- \_\_\_ Green Beans
- \_\_\_ Corn
- \_\_\_ Peas
- \_\_\_ Baked Beans
- \_\_\_ \_\_\_\_\_

## Canned/Cup Fruit

- \_\_\_ Applesauce
- \_\_\_ Pineapple
- \_\_\_ Peaches
- \_\_\_ Fruit Cocktail

- \_\_\_ Raisins
- \_\_\_ Mandarin Oranges
- \_\_\_ Pears
- \_\_\_ \_\_\_\_\_

## Pasta

- \_\_\_ Spaghetti
- \_\_\_ Lasagne Noodles
- \_\_\_ Macaroni Noodles
- \_\_\_ Rice
- \_\_\_ Risotto
- \_\_\_ Pasta Sauce
- \_\_\_ Boxed Rice/Pasta
- \_\_\_ Macaroni & Cheese
- \_\_\_ \_\_\_\_\_

## Ethnic Foods

- \_\_\_ Taco/Enchilada Mix
- \_\_\_ Taco Shells
- \_\_\_ Taco Sauce
- \_\_\_ Salsa
- \_\_\_ Tortillas
- \_\_\_ Soy Sauce
- \_\_\_ Teriyaki Sauce
- \_\_\_ \_\_\_\_\_

## Cereals

- \_\_\_ Cereal
- \_\_\_ Granola
- \_\_\_ Oatmeal
- \_\_\_ Breakfast Bars
- \_\_\_ Granola Bars
- \_\_\_ Toaster Pastries
- \_\_\_ \_\_\_\_\_

## Baking Needs

- \_\_\_ Sugar
- \_\_\_ Flour
- \_\_\_ Vegetable Oil
- \_\_\_ Cake/Brownie Mix
- \_\_\_ Frosting
- \_\_\_ Muffin Mix
- \_\_\_ Cookie Mix
- \_\_\_ Pancake Mix
- \_\_\_ Pancake Syrup
- \_\_\_ Baking Powder
- \_\_\_ Baking Soda
- \_\_\_ Vinegar
- \_\_\_ Cooking Spray
- \_\_\_ Vanilla Extract
- \_\_\_ Baking Nuts
- \_\_\_ Chocolate Chips
- \_\_\_ Coconut
- \_\_\_ Pudding
- \_\_\_ Jello
- \_\_\_ Marshmallows
- \_\_\_ Sweetener

# EASY READ GROCERY LIST - PAGE 2

## Snack Foods

- \_\_\_ Cookies
- \_\_\_ Crackers
- \_\_\_ Graham Crackers
- \_\_\_ Chips
- \_\_\_ Popcorn
- \_\_\_ Fruit Snacks
- \_\_\_ 100 Calorie Packs
- \_\_\_ Pretzels
- \_\_\_ Nuts/Trail Mix
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_

## Meat

- \_\_\_ Ground Beef
- \_\_\_ Chicken
- \_\_\_ Ground Turkey
- \_\_\_ Veal
- \_\_\_ Beef Roast
- \_\_\_ Steak
- \_\_\_ Beef Patties
- \_\_\_ Pork Chops
- \_\_\_ Pork Roast
- \_\_\_ Bacon
- \_\_\_ Hot Dogs
- \_\_\_ Sausage
- \_\_\_ Brats
- \_\_\_ Ham
- \_\_\_ Cold Cuts
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_

## Seafood

- \_\_\_ Shrimp
- \_\_\_ Lobster
- \_\_\_ Clams
- \_\_\_ Crab
- \_\_\_ Tilapia
- \_\_\_ Orange Roughy
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_

## Frozen Foods

- \_\_\_ Chicken Nuggets
- \_\_\_ Fish Sticks
- \_\_\_ Frozen Entrees
- \_\_\_ Frozen Vegetables
- \_\_\_ Frozen Fruit
- \_\_\_ French Fries
- \_\_\_ Pizza
- \_\_\_ Waffles
- \_\_\_ Pancakes
- \_\_\_ Pie Crusts
- \_\_\_ Ice Cream
- \_\_\_ Whipped Cream
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_

## Beverages

- \_\_\_ Fruit Juice
- \_\_\_ Vegetable Juice
- \_\_\_ Lemonade
- \_\_\_ Sports Drinks
- \_\_\_ Juice Boxes
- \_\_\_ Bottled Water
- \_\_\_ Drink Mixes
- \_\_\_ Tea
- \_\_\_ Coffee
- \_\_\_ Coffee Filters
- \_\_\_ Non-Dairy Creamer
- \_\_\_ Soda
- \_\_\_ Chocolate Syrup
- \_\_\_ Strawberry Syrup
- \_\_\_ Beer
- \_\_\_ Wine
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_

## Bakery

- \_\_\_ Donuts/Rolls
- \_\_\_ Bagels
- \_\_\_ Cookies
- \_\_\_ Cake
- \_\_\_ Brownies
- \_\_\_ Pie
- \_\_\_ \_\_\_\_\_

## Baby Items

- \_\_\_ Baby Food
- \_\_\_ Baby Formula
- \_\_\_ Diapers/Pull-Ups
- \_\_\_ Baby Wipes
- \_\_\_ Baby Wash
- \_\_\_ \_\_\_\_\_

## Pet Supplies

- \_\_\_ Dog Food
- \_\_\_ Cat Food
- \_\_\_ Cat Litter
- \_\_\_ Litter Box Liners
- \_\_\_ Pet Toys
- \_\_\_ Pet Treats
- \_\_\_ Fish Food
- \_\_\_ \_\_\_\_\_

## Paper Goods

- \_\_\_ Napkins
- \_\_\_ Paper Towels
- \_\_\_ Toilet Tissue
- \_\_\_ Tissues
- \_\_\_ Trash Bags
- \_\_\_ Paper Plates
- \_\_\_ Disposable Cups
- \_\_\_ Baggies/Storage Bags

- \_\_\_ Aluminum Foil
- \_\_\_ Plastic Wrap
- \_\_\_ Wax Paper
- \_\_\_ Toothpicks
- \_\_\_ \_\_\_\_\_

## Cleaning Supplies

- \_\_\_ Laundry Detergent
- \_\_\_ Dryer Sheets
- \_\_\_ Bleach
- \_\_\_ Fabric Softener
- \_\_\_ Stain Remover
- \_\_\_ Dish Soap
- \_\_\_ Dishwasher Soap
- \_\_\_ Cleanser
- \_\_\_ Glass Cleaner
- \_\_\_ Dusting Spray
- \_\_\_ Disinfectant
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_

## Health & Beauty

- \_\_\_ Sunscreen
- \_\_\_ Shampoo
- \_\_\_ Conditioner
- \_\_\_ Hair Styling Products
- \_\_\_ Deodorant
- \_\_\_ Bath Soap/Body Wash
- \_\_\_ Feminine Supplies
- \_\_\_ Pantyhose
- \_\_\_ Makeup
- \_\_\_ Face Wash
- \_\_\_ Toothpaste
- \_\_\_ Mouthwash
- \_\_\_ Dental Floss
- \_\_\_ Body Lotion
- \_\_\_ Face Lotion
- \_\_\_ Contact Lens Solution
- \_\_\_ Bandages
- \_\_\_ Antiseptic Cream
- \_\_\_ Medicines
- \_\_\_ Vitamins/Supplements
- \_\_\_ Razors
- \_\_\_ Shaving Cream
- \_\_\_ Cotton Balls
- \_\_\_ Cotton Swabs
- \_\_\_ Hand soap/sanitizer
- \_\_\_ \_\_\_\_\_

## Miscellaneous

- \_\_\_ Film
- \_\_\_ Batteries
- \_\_\_ Cards/Gift Wrap
- \_\_\_ Light Bulbs
- \_\_\_ Ice
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_
- \_\_\_ \_\_\_\_\_